Dr. Phil McGraw has galvanized millions of people to "get real" about their own behavior and create more positive lives. His nationally syndicated daily one-hour series, *Dr. Phil*, has been making headlines and breaking records since its September 2002 launch, when it garnered the highest ratings of any new syndicated show since the launch of
The Oprah Winfrey Show
16 years prior.

People magazine named Dr. Phil one of the "Most Intriguing People of 2002," while Barbara Walters included Dr. Phil in her 2002 "Ten Most Fascinating People" special. *Newsweek* dedicated a September 2002 cover story to Dr. Phil, which turned out to be the magazine's best-selling profile cover of the year.

Produced by Peteski Productions, Inc. in association with CBS Paramount Domestic Television and distributed by King World, the hit series draws on Dr. Phil's many years of experience in psychology and human functioning. Having begun his TV career as Oprah's resident expert on human behavior, Dr. Phil continues to deal with real-life, in-the-real-world issues with his signature style.

Dr. Phil is author of six #1 New York Times bestsellers: *Life Strategies: Doing What Works, Doing What Matters* ; *Relationship Rescue: A Seven-Step Strategy for Reconnecting with Your Partner* ; *Self Matters: Creating Your Life From the Inside Out* ; *The Ultimate Weight Solution: The Seven Keys to Weight Loss Freedom* , *Family First* and his most recent book, *Love Smart: Find The One You Want, Fix The One You Got* which was released in December 2005. *Love Smart* offers you the plan to find not just any relationship, but the committed, loving, joy-filled relationship you've been waiting for. He is also the author of the New York Times bestseller *The Ultimate Weight Solution Cookbook: Recipes for Weight Loss Freedom* as well as *The Ultimate Weight Solution Food Guide* . His books have been published in 37 languages with over 23 million copies in print.

In concert with his books and television work, Dr. Phil provides strategic guidance for millions of Americans through his monthly column in *O, The Oprah Magazine*. He is also one of the world's most sought-after public speakers. As a professional psychologist, he has published numerous scholarly articles and has practiced in the many fields of clinical psychology and behavioral medicine. Dr. Phil has a B.A., M.A. and Ph.D. in clinical psychology from North Texas State University with a dual area of emphasis in clinical and behavioral medicine. He is a licensed clinical psychologist in the great state of Texas.

Dr. Phil has also launched The Dr. Phil Foundation, a nonprofit charitable organization that is committed to helping children and families at risk. It is also devoted to rewarding remarkable children who are working hard to overcome tremendous obstacles and give back to their family and community. The foundation is another tool in Dr. Phil's arsenal to fight what he calls the "silent epidemics" in America, those problems that cripple our society in subtle but undeniable ways. For more information visit www.drphilfoundation.org .

More on Dr. Phil from his official website...